



# MENLO PARK COMMUNITY SHUTTLES

Effective November 9, 2020

## M1 Crosstown Shuttle

### Inbound to Sharon Heights

	RUN 1	RUN 2	RUN 3	RUN 4	RUN 5
Menlo Park Senior Center	8:15	10:49	12:07	2:32	3:27
Belle Haven Library	8:19	10:53	12:11	2:36	3:31
V.A. Medical Center	8:25	10:59	12:17	2:42	3:37
Menlo Medical Clinic	8:29	11:03	12:21	2:46	3:41
Menlo Park Library	8:35	11:09	12:27	2:52	3:47
Middlefield & Oak Grove	8:39	11:13	12:31	2:56	3:51
Crane Place	8:44	11:18	12:36	3:01	3:56
Downtown (Santa Cruz & Chestnut)	8:47	11:21	12:39	3:04	3:59
Menlo Park Caltrain	8:50	11:24	12:42	3:07	4:02
Safeway	8:54	11:28	12:46	3:11	4:06
Little House	8:58	11:32	12:50	3:15	4:10
Partridge / Kennedy	9:02	11:36	12:54	3:19	4:14
Palo Alto Med. Foundation	9:08	11:42	1:00	3:25	4:20
Palo Alto Caltrain	9:13	11:47	1:05	3:30	4:25
Hoover Pavilion	9:18	11:52	1:10	3:35	4:30
Stanford Shopping Center	9:20	11:54	1:12	3:37	4:32
Nordstrom / Crate and Barrel	9:23	11:57	1:15	3:40	4:35
Stanford Medical Center (900 Welch Rd)	9:27	12:01	1:19	3:44	4:39
Sharon Hts. Shopping Center	9:34	12:08	1:26	3:51	4:46
Menlo Commons	9:41	12:15	1:33	3:58	4:53

Medical Destinations	Stop or Transit Connection
Blake Wilbur Clinic	Stop: Welch Rd at Blake Wilbur Dr
Hoover Pavilion	Stop: Hoover Pavilion
Menlo Medical Clinic	Stops: 321 Middlefield Dr, Crane Place
Menlo Park V.A. Medical Center	Stop: V.A. Medical Center
Palo Alto Medical Foundation	Stop: Palo Alto Medical Foundation
Lucile Packard Children's Hospital, Mary L. Johnson Clinic	Stop: Welch Rd at Children's Hospital
Stanford Hospital	Walk from Blake Wilbur Clinic or Children's Hospital stops
Stanford Byers Eye Institute, Stanford Ear Institute	Stanford Health Care TECH Shuttle Transfer at: Palo Alto Caltrain

### Outbound to Belle Haven

	RUN 1	RUN 2	RUN 3	RUN 4	RUN 5
Sharon Hts. Shopping Center	9:00	10:01	12:55	1:38	4:23
Menlo Commons	9:07	10:08	1:02	1:45	4:30
Stanford Medical Center (Welch & Blake Wilbur)	9:13	10:14	1:08	1:51	4:36
Stanford Shopping Center	9:18	10:19	1:13	1:56	4:41
Nordstrom / Crate and Barrel	9:21	10:22	1:16	1:59	4:44
Hoover Pavilion	9:24	10:25	1:19	2:02	4:47
Palo Alto Med. Foundation	9:28	10:29	1:23	2:06	4:51
Palo Alto Caltrain	9:33	10:34	1:28	2:11	4:56
University & Partridge	9:39	10:40	1:34	2:17	5:02
Little House	9:42	10:43	1:37	2:20	5:05
Safeway	9:46	10:47	1:41	2:24	5:09
Menlo Park Caltrain	9:50	10:51	1:45	2:28	5:13
Downtown (Santa Cruz & Crane)	9:54	10:55	1:49	2:32	5:17
Crane Place	9:57	10:58	1:52	2:35	5:20
Middlefield & Oak Grove	10:02	11:03	1:57	2:40	5:25
Menlo Park Library	10:08	11:09	2:03	2:46	5:31
Menlo Medical Clinic	10:13	11:14	2:08	2:51	5:36
V.A. Medical Clinic	10:19	11:20	2:14	2:57	5:42
Belle Haven Library	10:25	11:26	2:20	3:03	5:48
Menlo Park Senior Center	10:29	11:30	2:24	3:07	5:52

Regional Transit Connections	Caltrain Station	Phone Number
Caltrain	Menlo Pk, Palo Alto	800-660-4287
City of Palo Alto Crosstown, Embarcadero Shuttles (FREE)	Palo Alto	650-329-2520
Regional Transit Information	N/A	Dial 5-1-1
SamTrans	Menlo Pk, Palo Alto	800-660-4287
Stanford Health Care Bohannon Shuttle (FREE)	Menlo Park	650-736-8000
Stanford Health Care TECH Shuttle (FREE)	Palo Alto	650-736-8000
Stanford Marguerite Shuttle (FREE)	Palo Alto	650-723-9362
VTA	Palo Alto	408-321-2300

Welcome aboard! All shuttles are:

- FREE and open to everyone
- Wheelchair accessible
- Have a rack for two bicycles



Menlo Park shuttle vehicles are white, with blue and green stripes along the side and "Commute.org" on the back.

### M1-CROSSTOWN SHUTTLE

This shuttle operates between Belle Haven and Sharon Heights, Monday through Friday from 8:15 a.m. to 6 p.m.

### SHOPPERS' SHUTTLE

The Shoppers' Shuttle is a special shuttle that picks you up at your house and takes you to your shopping, medical, and other destinations in Menlo Park, Redwood City, and parts of Palo Alto. This FREE service only runs Tuesdays, Wednesdays, and Saturdays, from 9:30 a.m. to 1:30 p.m. This service must be reserved in advance. To schedule a ride, please call:

Tuesdays to Redwood City	650-330-2286
Wednesdays to Menlo Park and Palo Alto	650-330-2288
Saturdays to Menlo Park and Palo Alto	650-330-2289

### IMPORTANT TELEPHONE NUMBERS

MV Transportation (Immediate shuttle assistance)	650-692-1003
City of Menlo Park Transportation Division	650-330-6770 menlopark.org/shuttles
Menlo Park Senior Center	650-330-2280
Little House Activity Center (Includes Meals on Wheels)	650-326-2025
Avenidas Door-to-Door Shuttle Service	650-289-5411
Little House Door-to-Door Lyft Service (For medical/dental appointments)	650-272-5040

The Menlo Park Community Shuttles are generously funded through grants from our partners:





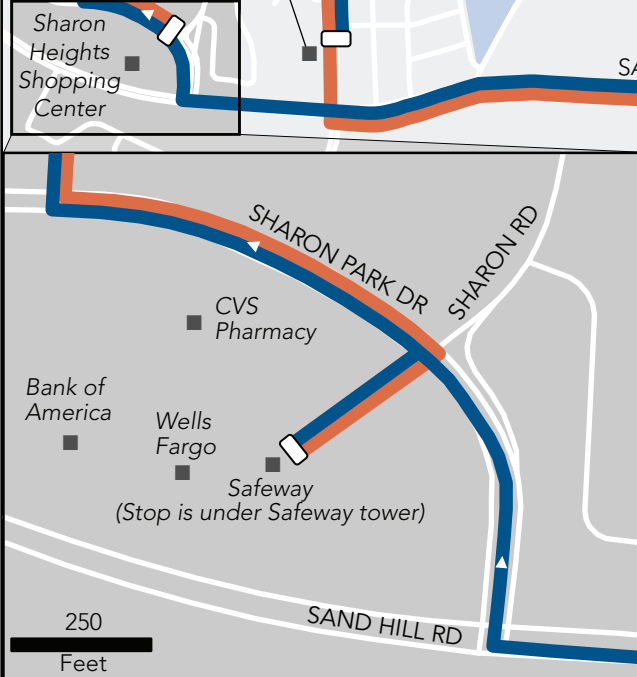
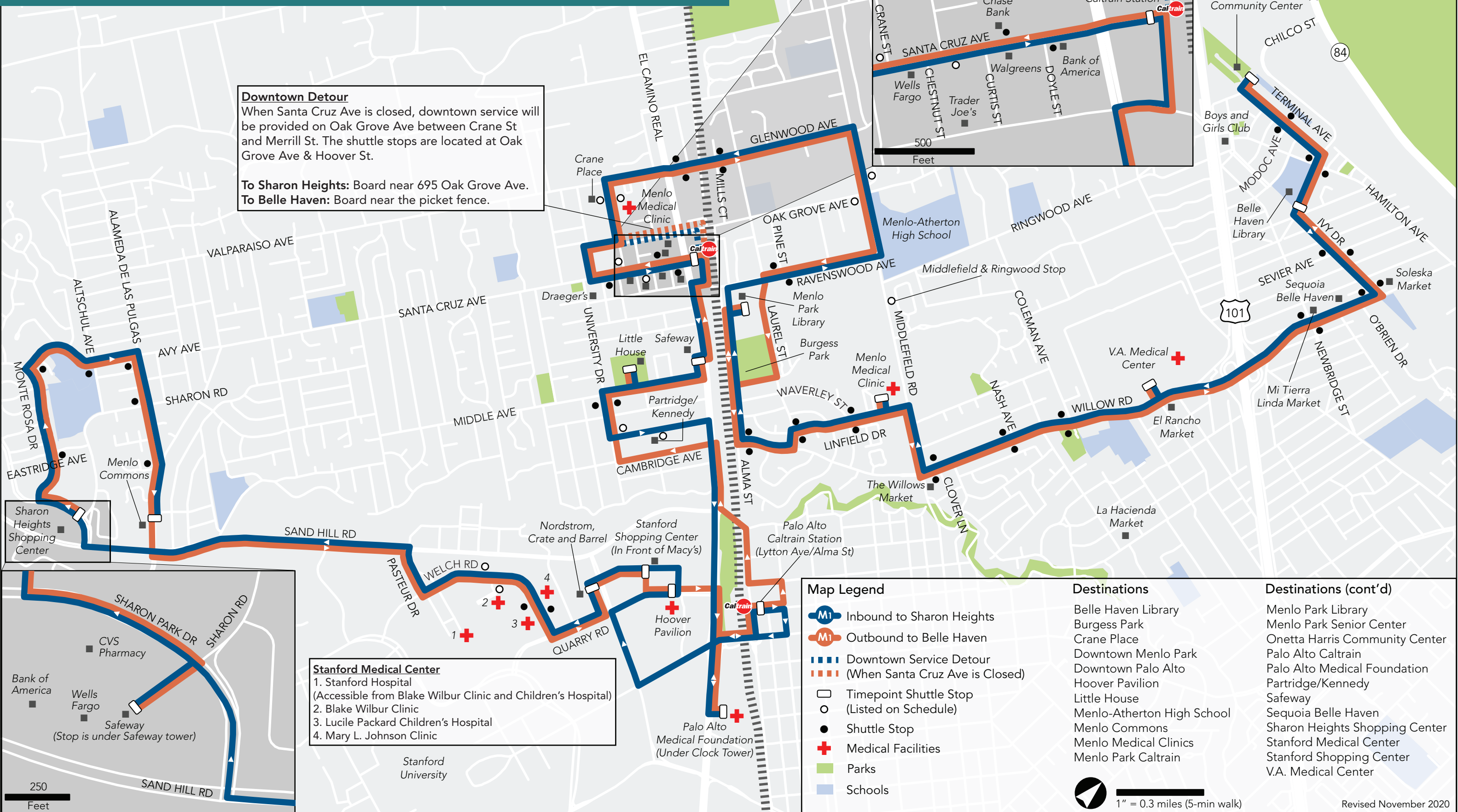
# MENLO PARK COMMUNITY SHUTTLES

FREE SHUTTLE SERVICE

Effective November 9, 2020

**Downtown Detour**  
 When Santa Cruz Ave is closed, downtown service will be provided on Oak Grove Ave between Crane St and Merrill St. The shuttle stops are located at Oak Grove Ave & Hoover St.

**To Sharon Heights:** Board near 695 Oak Grove Ave.  
**To Belle Haven:** Board near the picket fence.



**Stanford Medical Center**  
 1. Stanford Hospital (Accessible from Blake Wilbur Clinic and Children's Hospital)  
 2. Blake Wilbur Clinic  
 3. Lucile Packard Children's Hospital  
 4. Mary L. Johnson Clinic

### Map Legend

- Inbound to Sharon Heights
- Outbound to Belle Haven
- Downtown Service Detour (When Santa Cruz Ave is Closed)
- Timepoint Shuttle Stop (Listed on Schedule)
- Shuttle Stop
- Medical Facilities
- Parks
- Schools

### Destinations

- Belle Haven Library
- Burgess Park
- Crane Place
- Downtown Menlo Park
- Downtown Palo Alto
- Hoover Pavilion
- Little House
- Menlo-Atherton High School
- Menlo Commons
- Menlo Medical Clinics
- Menlo Park Caltrain

### Destinations (cont'd)

- Menlo Park Library
- Menlo Park Senior Center
- Onetta Harris Community Center
- Palo Alto Caltrain
- Palo Alto Medical Foundation
- Partridge/Kennedy
- Safeway
- Sequoia Belle Haven
- Sharon Heights Shopping Center
- Stanford Medical Center
- Stanford Shopping Center
- V.A. Medical Center

