

Getting Around Menlo Park



FREE

Marsh and Willow Road shuttles

MARSH ROAD

[Schedule](#)
&
[Route Map](#)

WILLOW ROAD

[Schedule](#)
&
[Route Map](#)



The City of Menlo Park operates two peak hour commuter shuttles between the Menlo Park Caltrain station and the business parks along Marsh and Willow Roads. The shuttles meet 12 northbound and southbound trains, including baby bullets.

Shuttles are funded by the Bay Area Air Quality Management District, Peninsula Corridor Joint Powers Board, the City and County Association of Governments, and the City of Menlo Park.

FREE

Midday Shuttle Service



[Schedule](#)

[Route Map](#)

The **Midday Shuttle** service is a free community service route open to the general public. It operates on an hourly schedule Monday-Friday, 9:30 a.m. – 3:30 p.m. The shuttle is a 20-passenger bus with two spaces available for wheelchairs. The shuttle stops at all SamTrans stops and is also a flag down service for the convenience of the passengers.

Key stops include:

- Downtown Menlo Park
- Menlo Park Library
- Menlo Park Senior Ctr
- Menlo Park Medical Clinic
- Stanford Medical Center
- Caltrain Station
- Belle Haven Library
- Safeway
- Stanford Mall
- Little House

The shuttle is a popular service, particularly for seniors. The shuttle picks up riders at most senior residences in the downtown area, including:

- Glenwood Inn
- Crane Place
- Partridge/Kennedy

FREE

Shopper's Shuttle Service



Every Wednesday, the **Shopper's Shuttle** picks up passengers from their homes and takes them to Sharon Heights Shopping Center, Downtown Menlo Park and Stanford Shopping Center. The shuttle is a 20-passenger vehicle with a lift to accommodate passengers with wheelchairs and walkers.

The bus driver, Ronald, has received outstanding reviews for his helpful manner and kind nature. He's ready to assist passengers with walkers and packages.

For more information about the **Shopper's Shuttle** program, call the Transportation Department at (650) 330-6770.

Transit Operators in Menlo Park



BUS SERVICE

San Mateo County Transit District provides SamTrans bus service throughout San Mateo County and into parts of San Francisco and Palo Alto.

PARATRANSIT

The transit district offers Redi-Wheels paratransit service for persons with disabilities who are unable to take SamTrans.



Caltrain provides rail service between San Francisco and San Jose, with weekday commute-hour service to Gilroy.

Caltrain completely restructured its weekday service pattern in the summer of 2005, responding to both fiscal constraints and passenger requests for more and faster service. Weekday frequency increased to 96 trains with a number of Baby Bullet trains from 10 to 22. Local service is provided in an entirely different manner, which includes timed transfers at Redwood City station. Faster limited-stop train service is also provided.



511 is a free phone and Web service that consolidates Bay Area Transportation information into a one-stop resource. **511** provides up-to-the-minute information on traffic conditions, incidents and driving times, schedule, route and fare information for the Bay Area public transportation services, instant carpool and vanpool referrals, bicycling information and more. It's available 24-hours a day, seven days a week.

WILLOW ROAD AREA CALTRAIN SHUTTLE SCHEDULE

FROM: SAN FRANCISCO

TRAIN	TRAIN NO.	210	220
		312	322
	Menlo Park	7:23 7:35	8:23 8:35
		↓	↓
SHUTTLE	Menlo Park Caltrain	7:47	8:47
	Linfield Dr.	7:50	8:50
	Homewood Place	7:51	8:51
	Middlefield Rd.	7:52	8:52
	Clover Lane	7:53	8:53
	Veterans Medical Ctr.	7:55	8:55
	O'Brien/Willow	7:58	8:58
	OICW Training Center	7:59	8:59
	1505 O'Brien Dr.	8:00	9:00
	Adams Court	8:01	9:01
	Hamilton Court	8:02	9:02

* Shuttles wait 5 minutes past scheduled departure time for late trains.

FROM: SAN JOSE

TRAIN	TRAIN NO.	207	217	227
		211	221	231
	Menlo Park	6:39 6:45	7:39 7:45	8:39 8:45
		↓	↓	↓
SHUTTLE	Menlo Park Caltrain	6:47	7:47	8:47
	Linfield Dr.	6:50	7:50	8:50
	Homewood Place	6:51	7:51	8:51
	Middlefield Rd.	6:52	7:52	8:52
	Clover Lane	6:53	7:53	8:53
	Veterans Medical Ctr.	6:55	7:55	8:55
	O'Brien/Willow	6:58	7:58	8:58
	OICW Training Center	6:59	7:59	8:59
	1505 O'Brien Dr.	7:00	8:00	9:00
	Adams Court	7:01	8:01	9:01
	Hamilton Court	7:02	8:02	9:02

TO: SAN FRANCISCO

SHUTTLE	Encinal/Laurel	2:40	—	—	—
	Mid Peninsula High	3:18	—	—	—
	Hamilton Court	3:21	4:15	4:55	5:55
	Adams Court	3:22	4:16	4:56	5:56
	1505 O'Brien	3:23	4:17	4:57	5:57
	OICW Training Center	3:24	4:18	4:58	5:58
	O'Brien/Willow	3:25	4:19	4:59	5:59
	Veterans Medical Center	3:28	4:22	5:02	6:02
	Clover Lane	3:31	4:25	5:05	6:05
	Middlefield Rd.	3:32	4:26	5:06	6:06
	Homewood Place	3:33	4:27	5:07	6:07
	Linfield Dr.	3:34	4:28	5:08	6:08
Menlo Park Caltrain	3:38	4:35	5:15	6:15	
		↓	↓	↓	↓
TRAIN	TRAIN NO.	159	365	267	277
	Menlo Park	3:41	4:46	5:19	6:19

TO: SAN JOSE/GILROY

SHUTTLE	Encinal/Laurel	2:40	—	—
	Mid Peninsula High	3:18	—	—
	Hamilton Court	3:21	4:55	5:55
	Adams Court	3:22	4:56	5:56
	1505 O'Brien	3:23	4:57	5:57
	OICW Training Center	3:24	4:58	5:58
	O'Brien/Willow	3:25	4:59	5:59
	Veterans Medical Center	3:28	5:02	6:02
	Clover Lane	3:31	5:05	6:05
	Middlefield Rd.	3:32	5:06	6:06
	Homewood Place	3:33	5:07	6:07
	Linfield Dr.	3:34	5:08	6:08
Menlo Park Caltrain	3:38	5:15	6:15	
		↓	↓	↓
TRAIN	TRAIN NO.	158	266	276
	Menlo Park	4:00 4:22	5:28 5:34	6:28 6:34

* Not all Caltrain stops and shuttle stops are shown.

For a complete Caltrain timetable, please contact your commute coordinator or call Caltrain at **1.800.660.4287**. On-line schedule information is available at www.caltrain.com.

AFTERNOON SCHEDULE *

MORNING SCHEDULE *